



## August Newsletter – Winchcombe Day Centre

### Bank Holiday closure

We will be closed on Monday 26<sup>th</sup> August due to the Bank holiday. If you normally attend on a Monday, and you would like to join us on another day instead during this week (so you don't miss out on any of the fun!), please speak to Vicky and we can check our availability.

### Hairdresser

Hairdresser Jackie will be with us on Wednesday 7<sup>th</sup> & Thursday 8<sup>th</sup> and Wednesday 21<sup>st</sup> and Thursday 22<sup>nd</sup> August. If you would like an appointment, please speak to a member of staff.

### Treat yourself

Our Massage & Beauty Therapist Claire will be with us on Thursday 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup> and 29<sup>th</sup> as well as Monday 19<sup>th</sup> August, offering her complimentary head & hand massages. Please speak to a member of staff if you would like either of the following additional services;

Hand & Nail - Shortening & shaping nails & nourishing hand massage, £10.

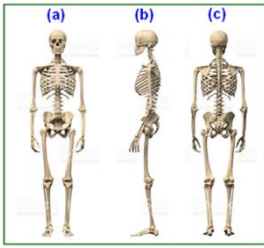
Foot treatment - Exfoliate dry skin, a foot cleanse and foot massage, £15.

### Items to donate

Please do keep the Centre in mind if you have any unwanted gifts, unopened toiletries, sweet treats or bottles etc, we would be grateful to receive them, as these make perfect tombola prizes. We will be having a stall at Dumbleton Cricket Club this month to raise funds for the Centre, so are collecting the above items - so if you are having a clear out at home, we would be grateful for any donations suitable for fundraising prizes! Also, we collect used greeting cards to recycle and sell too! Thank you in advance.

### Medication and emergency contact details

A reminder to everyone that if your regular medication changes then please bring in an up to date full medication list, so that we are able to amend our records. If any of your or your emergency contact / next of Kin details change, please advise us as soon as possible. Having all this information up to date is very important in case of an emergency.



### Coming up this month

August brings us more fun at the Centre, starting the month off with Cowboys & Indians – Yee-ha! We will be joined by Jackie H for a 'MindSong' session, and an afternoon of song and dance with Rex. We will also enjoy another session with Helen with her 'Knit & natter' group. Debs will be assisting our colouring group with their beautiful creations and Angela has organised a couple of 'mini- trips' for us to enjoy. Ian will also be with us to play 'name that bone'.



*Please note:*

*All activities, outings and entertainment are subject to change.*



### Birthdays

This month at the Centre, we will be celebrating the birthdays of our friends Audrey G, Eileen, Jo and Peter C. We will also be celebrating with our volunteer Renee - Happy birthday to you all!

### Date for your diary

**Monday 26<sup>th</sup> August** – Bank Holiday – We are closed.

**Monday 26<sup>th</sup> August** – Fete at Dumbleton Cricket Club, 2pm-5pm. We have a stall selling gifts, knitwear, cards and more! We will also have games for all the family! All funds raised in aid of the Centre. Please come along and support us!

**Wednesday 28<sup>th</sup> August** – Our monthly Tea Dance will be held at AbbeyFields Community Centre, Back Lane, Winchcombe, from 2pm – 4pm. Beginners and solo dancers welcome. £5 entry includes refreshments. Raffle on the day. All funds raised in aid of the Centre.